



FunFit Works with schools to implement best in class physical education and sports program. The program significantly enhances children's fitness level and greatly improves the overall growth like Personal Development, Physical development, personal skills and social skills. Which help children to boost concentration, commitment and self-esteem: leading to higher attendance, positive behavior and attainment



This program is designed to offer the same rigor in sports and physical education as in academics.

## Program Structure

### Strategic | Regularity | Progressive

Comprehensive Physical Education and Sports Program By Integrating:













Researched Curriculum

Certified **Trainer** 

**Management Team** 

Assessment

**Equipment** 

For Larger & **Active Participation** 

"Extensive research based physical education and sports program enables school children to adopt sporting skill from an early age. FunFit PE program covers all age group starting from pre-school to higher grades"

# What We Do:

 $2 \rightarrow 5 \text{Yrs}$ 



Physical Education

**FunFit physical education** 

program covers early childhood,

Grade K-2, 3-6 & 7-12. Each

module is designed to develop age

specific physical attribute and

learning objectives. Children's are

assessed periodically to track

their progress from basic to

mature and advance levels

Program

Sports Basics & **Identify Specific** sports  $8 \rightarrow 10 \text{Yrs}$ 

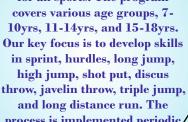
Specialize **Specific Sports** 11→13Yrs

Advance Level Sports

14 → 18Yrs

### **Athletics Program**

Athletics build the foundation for all sports. The program covers various age groups, 7-10yrs, 11-14yrs, and 15-18yrs. in sprint, hurdles, long jump, high jump, shot put, discus and long distance run. The process is implemented periodic evaluation process





#### **Sports Program**

FunFit Sports program covers all sports staring from Football, Cricket, Tennis, Baseball, Basketball, Rugby, Frisbee, Volleyball etc. The program is developed specifically to impart coaching across multiple age groups. FunFit provide coaching from basic to intermediate and advance level.

"FunFit is a Fun Filled Programme Crafted to Facilitate Harmony Between the Body & Mind"



### Program Outcome

Our Key Focus is to move the Children constantly, Because As children grow, they learn to move and children learn through movement. Movement Teach Children Action - Reaction, Self-Expression, Advanced Motor Skills and mental Alertness. Movement become Automatic for children through learning opportunities, diligent practice and guidance during practice.



### Objective Of The Program

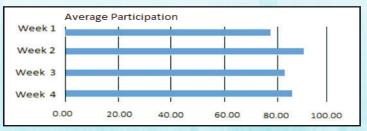
The focus of FunFit program is to development of healthy lifestyles, motor skills, moment knowledge, social and personal skills.

- It is expected, FunFit physical education program and activity students will:
- √ Enjoy and seek out physical activity
- ✓ Develop and maintain acceptable levels of physical fitness.
- Develop a variety of basic movement and manipulative skills, so they will experience success and feel comfortable during present and future physical activity pursuits.
- Develop the ability to get along with other movement environments (e.g. share space and equipment, employ the "golden rule" of competition-bea good sport and demonstrate cooperative behavior)

# Assessment Reports

FunFit Assessment and report will be presented to school based on children's age, skill level, batch plan, day wise curriculum, day wise activity and training







## Program Implementation At Your School

- \* FunFit program Seamlessly Integrated with the school system.
- ★ Curriculum based on children's participation and progress
- \* Age and skill appropriate props and equipment's provided by FunFit
- \* Professionally trained trainers for on ground program implementation
- \* Periodically assessment and report card for individual child to track their progress

"Delivering The Best Quality Physical Education Every Single Day"

## Why FunFit?





























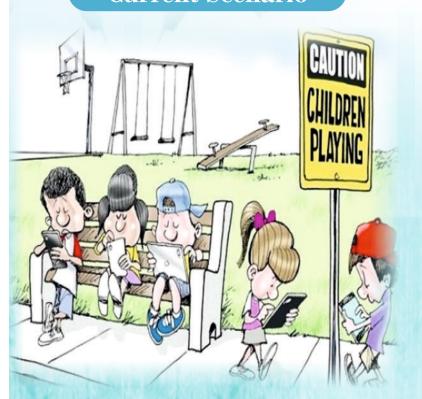








## **Current Scenario**



# Our Solution





### Jas19Seven India Pvt. Ltd.

M-116, Panchsheel Garden, Naveen Shahdara, Delhi-110032

Mob.: +91-8700643366, Email: info@FunFit.co.in

Website: www.funfit.co.in