



Invest in Your Students' Future- Make Fitness a Priority!

A strong body fuels a sharp mind! Let's work together to make fitness, fun, and learning an essential part of every child's school experience.

Give your students the **FunFit** advantage!
Call us today to schedule a FREE demo session
and experience the transformation firsthand!

www.funfit.co.in

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REVOLUTIONIZING SCHOOL SPORTS & FITNESS!

FUNFIT MORE THAN JUST FITNESS-IT'S A LIFESTYLE!

A dynamic program designed to nurture young minds and bodies through structured sports, movement, and confidence-building activities.

- A Curriculum That Goes Beyond Traditional PE
- Developing Agility, Strength, & Confidence in Every Child
- Instills Discipline & Healthy Habits for Life

Join the Movement, Experience the Change! A fit child is a future leader. Let's build the future together!



Stronger
Bodies



Sharper
Minds



Happier
Kids

Program Structure

Strategic | Regularity | Progressive

What We Do :



Physical Education Program

FunFit physical education program covers early childhood, grades K-2, 3-6 & 7-12. Each module is designed to develop age-specific physical attributes and learning objectives. Children are assessed periodically to track their progress from basic to mature and advanced levels.



Athletics Program

Athletics builds the foundation for all sports. The program covers various age groups, 7-10yrs, 11-14yrs, and 15-18yrs. Our key focus is to develop skills in sprint, hurdles, long jump, high jump, shot put, discus throw, javelin throw, triple jump, and long-distance run. The process is implemented periodic evaluation process

Sports Program

FunFit Sports program covers all sports starting from Football, Cricket, Tennis, Baseball, Basketball, Rugby, Frisbee, Volleyball etc. The program is developed specifically to impart coaching across multiple age groups. FunFit provides coaching from basic to intermediate and advanced levels.



“FunFit is a Fun Filled Programme Crafted to Facilitate Harmony Between the Body & Mind”

"Extensive research based physical education and sports program enables school children to adopt sporting skill from an early age. FunFit PE program covers all age group starting from pre-school to higher grades"

Program Outcome

FunFit's key focus is to keep children constantly moving. As children grow, they learn through movement, which teaches them action-reaction, self-expression, advanced motor skills, and mental alertness. Movement becomes automatic for children through learning opportunities, diligent practice, and guided instruction.

Objective Of The Program

The FunFit PE program focuses on developing healthy lifestyles, motor skills, movement knowledge, and social and personal skills.

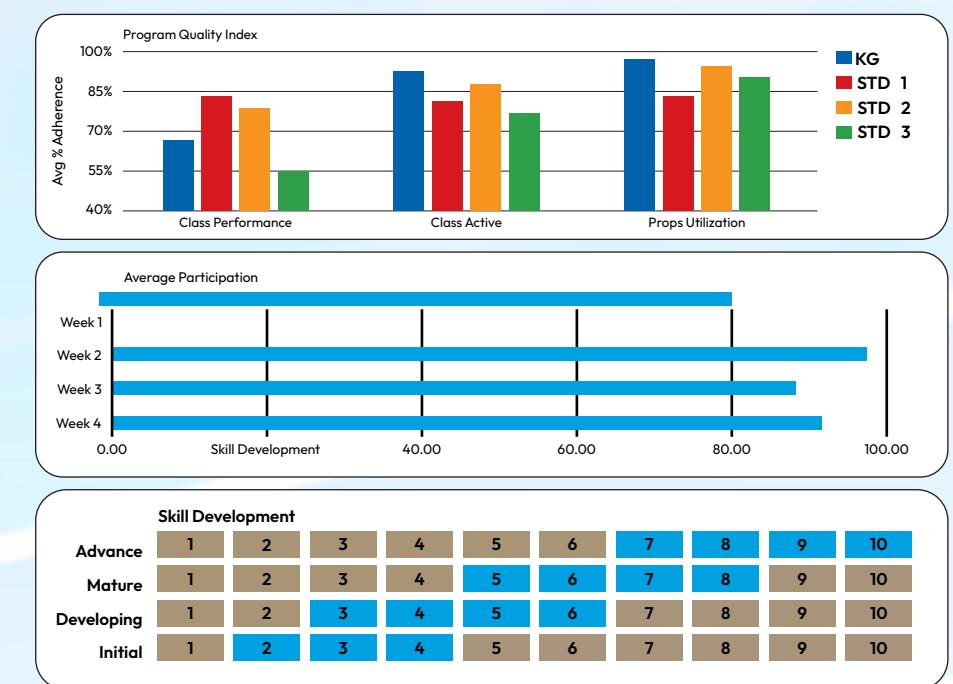
The FunFit physical education program aims for students to:

- Enjoy and seek out physical activity.
- Develop and maintain acceptable levels of physical fitness.
- Acquire a variety of basic movement and manipulative skills to ensure they experience success and feel comfortable during current and future physical activities.
- Learn to cooperate in different movement environments (e.g., share space and equipment, follow the "golden rule" of competition by being good sports, and demonstrate cooperative behavior).



Assessment Reports

FunFit Assessment and report will be presented to school based on children's age, skill level, batch plan, day wise curriculum, day wise activity and training



Program Implementation at Your School

- The FunFit program is seamlessly integrated with the school system.
- The curriculum is based on children's participation and progress.
- FunFit provides age and skill-appropriate props and equipment.
- Professionally trained trainers implement the on-ground program.
- Periodic assessments and report cards are provided to track individual children's progress.



“Delivering The Best Quality Physical Education Every Single Day”